

---

## PSALM, CHAPTER 46

---

1. What does Psalm 46:1 call God? (1) \_\_\_\_\_ \* This means Shelter; Place of protection from danger or distress (2) \_\_\_\_\_ (Support; Fortress; Power; Might)

2. What kind of Help is He? \_\_\_\_\_

\* He is the I AM! He is omnipresent - present *in all places at all times*. There is never and there never will be a time when God is away or absent when you need Him. If you do not forsake Him, He has promised never to forsake you. (See Deuteronomy 31:16-17.) Read His precious promises to His people in Psalm 37:28; Deuteronomy 31:6 & 8; I Samuel 12:22; Psalms 27:10 + 94:14; and Hebrews 13:5.

3. What does Psalms 46:1 tell us that we will be in when we need our ever-present Help? \_\_\_\_\_

\* The Lord never tells us that troubles will not come - but He assures us that He will be with us through them! He was in Egypt, protecting His people when the plagues filled the land; He was in the wilderness with the children of Israel; He was in the furnace with His three faithful children; He sent His angel to the den of hungry lions; Stephen looked upon His face as he was being murdered by stoning; He was with His apostles in prison; He was with John on the island of prisoners; He was even with Jonah in the belly of the whale! (Read Jonah 2:6!) What a promise! This one promise alone is enough to get us through a lifetime of troubles!

The only time we see God forsaking One who was in trouble was when He forsook Jesus while He died on the cross.

Jesus took  
    all the sins  
        of all the sinners  
            of all time  
                upon Himself.

When the sinless Savior became sin for us (Hebrews 9:28, Colossians 2:14, Isaiah 53:12, and I Peter 2:24), He experienced being forsaken by His Father - so His followers would partake of His righteousness and *never* have to be forsaken by God!

Memorize Psalms 46:1, Saints of God! You are going to need it! Plant it in your heart! When fear stalks your soul - war against it with faith in this wonderful promise!

4. Since we know that God is our Refuge, Strength, and Help, what will we *not* do?

\_\_\_\_\_

5. What 4 things may happen, yet we will not be fearful? (1) \_\_\_\_\_

\_\_\_\_\_ (2) \_\_\_\_\_

\_\_\_\_\_ (3) \_\_\_\_\_

\* We will not fear though a hurricane roars our way! God is our Refuge! Read Proverbs 18:10.

Carry this promise in your heart! (4) \_\_\_\_\_

\_\_\_\_\_ \* Can you imagine having such faith that you would not be fearful if the earth suddenly disappeared from beneath you? Do you believe that the Lord will uphold you if the earth vanishes? Can we think of anything that would cause more fear? If we will not fear when the earth moves (and it will according to Matthew 24:35; Mark 13:31; and Luke 21:33,) why would we fear when we are threatened by our enemies, a storm rages above us, the floods rise around us, or the mountains shake, swell, and finally spew burning lava as they erupt? No! We will not fear even though the earth itself is removed! Study Luke 16:17. It is easier for the